

May Spotlight Newsletter 2026



Principal Message - Mr. Runco

Dear FX Families,

I hope this note finds you and your loved ones well. As we return from the Easter, I trust it brought moments of peace, reflection, and joy, whether through time spent with family, honouring meaningful traditions, or simply enjoying the beauty of the season.

With May now upon us, I'm excited to highlight the many events and celebrations ahead. This month's newsletter is a reflection of the growth, accomplishments, and spirit that continue to thrive in our school community.

As we journey through the coming weeks, our focus turns to Mary, a guiding light of grace and strength. May her example inspire us to walk with compassion, humility, and purpose in all we do.

I also want to take a moment to express my sincere appreciation to our exceptional staff. Your dedication, energy, and heart are the foundation of all we achieve together. Thank you for the meaningful difference you make each and every day.

As May unfolds with its full calendar of exciting activities, from athletic events and student clubs to memorable field trips, let's embrace these moments as meaningful opportunities for growth, connection, and school spirit. These experiences not only enrich our students' learning but also strengthen the bonds that unite us as a community.

I'd like to extend a special thank you to our dedicated FX Grad Committee for their incredible work as we prepare for this year's graduation ceremony. This milestone marks the end of one chapter and the beginning of another, and we couldn't be prouder of our graduating students. Your perseverance, achievements, and character have left a lasting mark on our school, and we look forward to all the great things your future holds. We also recognize and appreciate our Bus Drivers, Support Staff, Volunteer Staff, and Leadership Staff for all their love and support for making FX thrive with enhancing our school community with educational opportunities!

As we also approach Mother's Day, let us take time to honour the extraordinary women in our lives—mothers, grandmothers, guardians, and mentors whose care and guidance have shaped us in immeasurable ways. Their selflessness and love deserve our deepest gratitude.

Wishing you a joyful and inspiring month ahead, filled with moments of reflection, celebration, and continued growth. There will be no June Spotlight Calendar, but we will be sending out information about upcoming events during that month.

Warmest regards,

Fernando Runco, Principal

St. Francis Xavier Catholic High School



Join Chief Superintendent Lynnette Anderson as she reflects on our Division Patron, Mary, Mother of God, and celebrates the gift of publicly funded Catholic education in Alberta in her [May Chief Superintendent Message](#).



Religion Spotlight- Welcome Fr. Josephin Raj (JR) Muthuswamy

As we mentioned last month, Fr. JR has officially begun his ministry at Annunciation Parish!

Fr. JR led our Easter Mass on April 21st to a full house!

Our next and final Holy Mass of the school year will be our Grad Mass on May 28th. Fr. JR will also lead our school through that celebration. We are looking forward to bringing our school together to celebrate our graduating students!

The Annunciation Parish website is linked [here](#).

ANNUNCIATION CATHOLIC CHURCH

ANNUAL GALA

Fundraising Event



TOGETHER IN FAITH, GROWING IN GENEROSITY

At the Catholic Church of Annunciation, we believe in coming together as a family to share God's love and make a lasting impact in our community. As we step into this season of service and growth, we invite you to join us in supporting our fundraising efforts. Your generosity helps us continue vital ministries, reach those in need, and build a stronger foundation for the future. Together, with faith and unity, we can do great things.



ANNUAL GALA DINNER

Be part of our Mission

Be a part of something bigger!

Annunciation Catholic Church is on a mission to uplift, inspire, and transform lives—and we're inviting you to come alongside us as a donor.

Your support fuels every act of kindness, every outreach, and every life changed. Join us, and let's create impact together—one generous heart at a time.

Event Details

When: May 15, 2026
Where: Meridian Banquets
4820 76 Ave NW,
Edmonton AB
Time: 6:00 PM

How you can help?

- Purchase tickets to the Gala!
- Be a Monetary Donor!
- Donate to our Silent Auction!

Tax Receipts

Financial Donations and Silent Auction Items (with the purchase receipt) will receive an income tax receipt.

Contact Info

Call or Text:
• Colleen Keenan Zdebiak
780-297-4630
• Jesus Aburto
780-920-2213

Ticket Prices

- \$125 each

Payment Accepted:

- Cash
- Cheque
- Credit Card
(at the Church during mass times)
- E-Transfer
(AnnunciationBldg.etransfer@caedm.ca)

Meet our Team



ANNUAL GALA *Dinner*

Donor

Donor partnerships offer a meaningful way to support the event while receiving tiered recognition:

- Platinum Donor – \$2,500:
- Gold Donor – \$2,000
- Silver Donor – \$1,500
- Bronze Donor – \$1,000

All donor levels receive acknowledgment and visual recognition, with benefits increasing by tier.

St. FX School Advisory Council

We would like to recognize and sincerely thank our St. FX School Advisory Council for their ongoing commitment to serving the St. Francis Xavier school community. We are especially grateful to our executive members and parent volunteers who generously gave their time to support our St. FX Casino on March 24 and 25. Our FX School Advisory continue support our students and teachers with the purchase of musical instruments for our Music Program and the purchase of chromebooks in keeping up with the technical demand and growth of our school. Our FX Administration would like to once again thank our Casino Volunteers that dedicated their time in March. We have prepared a special 'thank you' gift for each volunteer that will come home this week with their child.

Golf Academy Spotlight

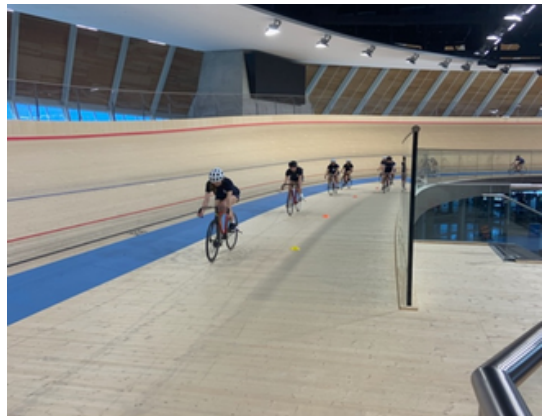
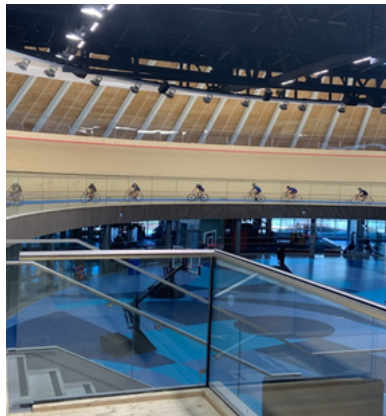


The FX Golf Academy continues their indoor season at The Golf Factory with a variety of practice, competitions, and game play. On non-golf instructional days they are working hard in the weight room and getting an opportunity to participate in various physical education activities such as squash, curling and yoga.



Soccer Academy Spotlight

Soccer Academy continues to train inside at the Victoria Soccer Centre while waiting for things to warm up. Recently, the Academy took Phys. Ed class to the new Coronation Recreation Centre velodrome. The students had a great time being expertly instructed on how to ride on the stunning new velodrome track.



HP Hockey Academy Spotlight



As we move into April, our High Performance Hockey Academy is entering a critical and often overlooked phase of the season—the off-season. With playoffs behind us, the focus shifts from competition to recovery, reflection, and long-term development, giving our athletes an important opportunity to reset both physically and mentally. Throughout the month, our training emphasizes restoration through rest, mobility work, light off-ice sessions, and gradually reintroducing strength and conditioning with a focus on technique, stability, and injury prevention. This period also allows athletes to reflect on their season, set meaningful goals, and work on individualized skill development in a lower-pressure environment. By laying this foundation now, our players are better prepared for future success both on and off the ice.

Hockey Academy Spotlight



Our Semester 2 group has officially wrapped up their seasons, and it's been an outstanding finish. We're proud to share that many of our athletes captured Provincial Championships with their respective club teams—a testament to their hard work, commitment, and ability to perform when it matters most. Back at the academy, the focus remains sharp. On the ice, we continue to emphasize consistency and execution in both passing and shooting. Players are building these habits through structured drills and then applying them in competitive small-area games, where decision-making and precision are key. It's great to see the transfer from practice to game-like situations as we keep pushing to elevate each athlete's overall performance.

Baseball Academy Spotlight



This month, we've been focusing on pitching and defensive decision-making. Players have worked hard on their control and consistency on the mound, while also learning where to make the play in different game situations. It's been great to see their confidence and understanding of the game continue to grow!

English Spotlight

English Literature & Composition Exam

Good Luck to the English 30AP students as they prepare to write the English Literature and Composition Exam May 6.

- Exam starts at 8:00am (Arrive no later than 7:45am)
- Location- Portable 4 (Mr. Zipp's Portable)
- Practice quizzes and exams are available on the AP Classroom.



Social Studies Spotlight

Important Reminders

- Check the **Final Exam Calendar** regularly for:
 - Dates
 - Times
 - Locations (as they become available)

Sign up for **Diploma Prep Courses** to strengthen your understanding and boost confidence.

Prepare Effectively

- Use class time wisely to review key concepts
- Stay organized and create a study plan ahead of exams
- Practice with past assessments, notes, and review materials

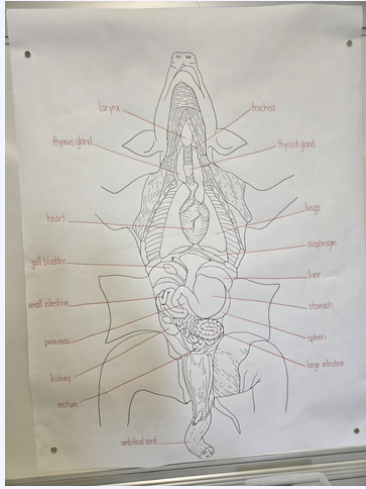
Make the Most of FLEX Block

- FLEX block is one of your most valuable tools for success—use it intentionally:
- ✓ Get one-on-one help from your teachers
- ✓ Ask questions about topics you don't fully understand
- ✓ Receive specific feedback on assignments, projects, and practice exams
- ✓ Improve past work based on teacher suggestions
- ✓ Work in a focused, distraction-free environment
- 👉 Students who actively use FLEX time often feel more confident and better prepared on exam day.



Science Spotlight

Biology 20 has been busy learning about body systems. Here are the Biology 20AP students completing a fetal pig dissection.



Are you interested in learning more about the body systems and doing an extra-curricular dissection lab?

Spots are limited, so apply now to do a mink dissection after school on a Thursday in May led by our lab tech, Megan.



Math Spotlight

On April 9, 2026 St. FX hosted the Annual ECSD High School Math Contest with 7 schools, 15 teams and 93 students - one of the best turnouts for the Math Competition! Austin O'Brien won The Golden Ratio Trophy!



Final Exams, CSAs and Diploma Exams are coming soon!

- Ensure you do not have any missed assessments or assignments in your courses (June comes quick!)
- Check the Final Exam Calendar for Dates, times and locations (as they come available)
- Sign up for Diploma Prep Courses
- Utilize FLEX and class time to prepare so you are feeling confident on Exam Day

Off Campus Education Spotlight

An advertisement for St FX Summer School Work Experience. It features a palm tree on the left, a sun on the right, and a blue and white striped background. The text reads: "Are you going to have a summer job? Want to earn credits while working? St FX Summer School Work Experience is the answer. See Mr Bauer in the Learning Centre for more information". There are two photos of students: one of a male student in a green apron and one of a female student in a black shirt.

Physical Education Spotlight

Gymnastics was a highlight this month.



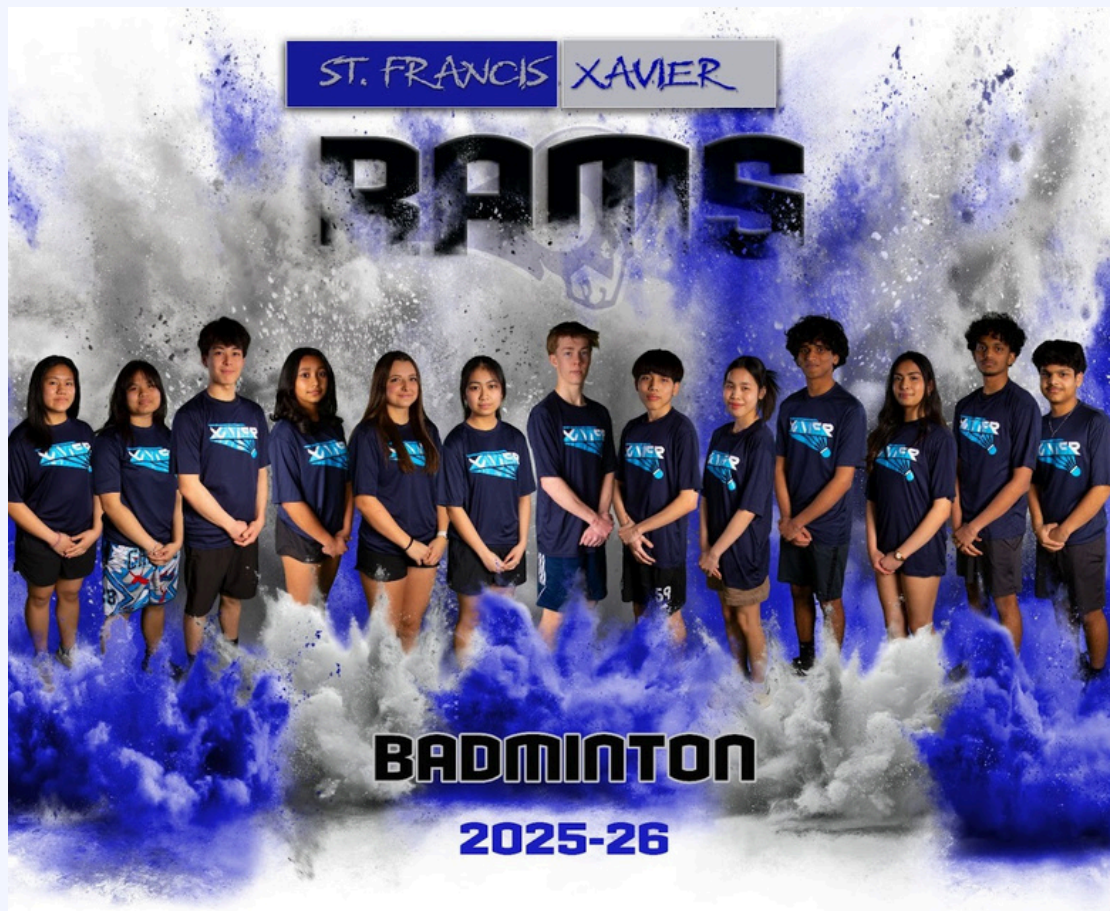
STAY UP TO DATE

@FX.ATHLETICS @STFXHIGHEDM @XAVIER.UNION



Athletic Spotlight

Badminton had a great season! Thanks to Mr. Motkoski & Mr. Leonard!



RAMS Football



FOOTBALL **Spring Events** **NO EXPERIENCE REQUIRED!**

MAY 4-7	FRESHMAN CAMP May 4-7 (FREE!) Only for Gr. 9s/10s brand new to tackle football. Come to FX after school on May 4 th . Registration NOT required.	MAY 6	TEAM MEETING and TESTING 3:15-4:45 Spring intro meeting and final testing. Current students only.
MAY 12	EQUIPMENT HANDOUT & FUNDRAISING MEETING 3:15pm-5:00pm Current FX students and Bantam grade 9s.	MAY 15-18	VICTORIA DAY & ECSD DAY OFF No school or football. Full equipment Spring Camp begins after this 4-day weekend.
MAY 19	SPRING CAMP May 19-May 29 All weekdays after school until 6:00pm. Invitation-based. \$70/athlete.	MAY 29	JAMBOREE JP Bowl (5pm-8pm) FX, Sturgeon, Archbishop Jordan, and Scona

Summer Camp/Tryouts (Jr. & Sr. Teams):
@fxramsfootball Wednesday, August 19th, 2026

No experience is required to try football at St. FX.

If you are in grade 9 or 10 and have no previous football experience, please attend only our **FREE Freshman Camp**. Keep scrolling for more info!

All grade 9 to 11 students with experience (or grade 11s without), you will attend the main Spring Camp May 19th to 29th. We also ask you attend our meetings on May 6th and 12th.

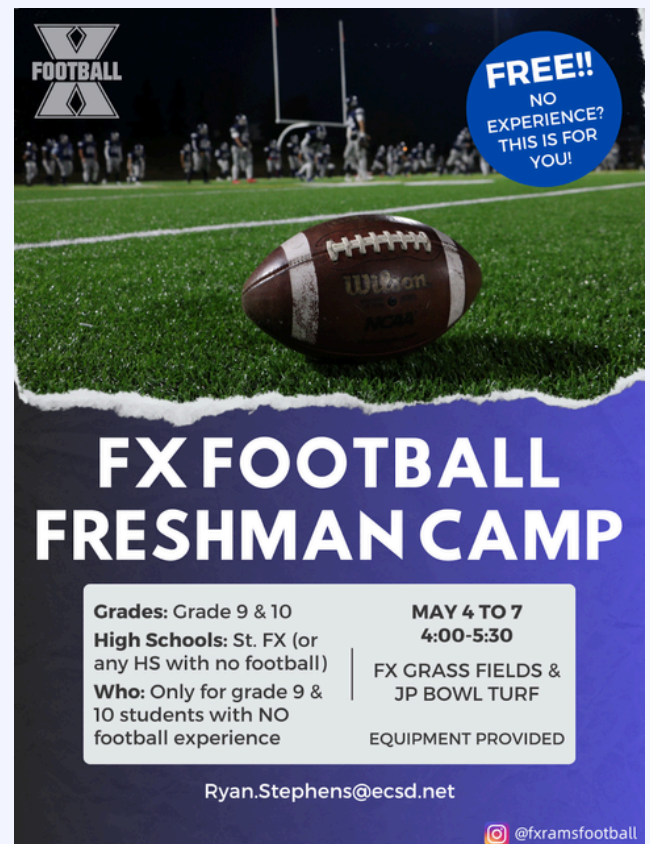
If you have any questions, please reach out to our Senior Team Head Coach, Ryan Stephens, at Ryan.Stephens@ecsd.net

Please follow @fxramsfootball on Instagram. All further and up-to-date information will be shared there!

RAMS Football Freshman Camp

Try football for free! Join our Freshman Camp, exclusively for current grade 9 and 10 students with no tackle football experience. No pre-registration is required. You only have so long to play high school football, so don't waste any time! Give it a shot with other students also trying football for the first time. There is no commitment required beyond this **FREE** camp if you decide football is not for you.

Instructions regarding the first day, other details, and the soon-to-be-posted permission form can be found on our Instagram @fxramsfootball by May 1st.



FOOTBALL **FREE!!**
NO EXPERIENCE? THIS IS FOR YOU!

FX FOOTBALL FRESHMAN CAMP

Grades: Grade 9 & 10	MAY 4 TO 7 4:00-5:30
High Schools: St. FX (or any HS with no football)	FX GRASS FIELDS & JP BOWL TURF
Who: Only for grade 9 & 10 students with NO football experience	EQUIPMENT PROVIDED

Ryan.Stephens@ecsd.net
@fxramsfootball

Advanced Placement Spotlight

Week 1		Morning 8 a.m.	Afternoon 12 p.m.
4-May-2026	Monday	Biology	
5-May-2026	Tuesday	Chemistry	
6-May-2026	Wednesday	English Literature & Composition	Physics 1
7-May-2026	Thursday		
8-May-2026	Friday		

Week 2		Morning 8 a.m.	Afternoon 12 p.m.
11-May-2026	Monday	Calculus AB	Seminar
12-May-2026	Tuesday		Psychology
13-May-2026	Wednesday		
14-May-2026	Thursday		Computer Science Principles
15-May-2026	Friday		

Athletics Banquet - Save the Date

YOU'RE INVITED TO

**ATHLETICS
AWARDS**



MONDAY, JUNE 8

DOORS OPEN 4 PM PROGRAM STARTS AT 4:30

Athletics: Thank you Coaches!

Badminton - Lucas Motkoski & Brendan Leonard

Rugby -

Girls Rugby - Barbara MacKnight, Megan Thomas, Jackie McCoy, Anela Hebert, Emerson Irvine, McCoy Curtis
Boys Rugby - Mark Tilles, Stephanie Gervais, Catherine Bacinski

Soccer -

Sr Boys Soccer - Jeremy Posteraro, Fergal Peters,
Jr Boys Soccer - Jeremy Posteraro, Fergal Peters,
Sr Girls Soccer - Helena Parker, Daniel Abbott & Sarah Vos

Track & Field -

Jeremy Posteraro , Zach Kohn & Helena Parker



Many of the activities our students enjoy at school, such as sports teams, drama productions, band, and a variety of clubs, are possible because of teachers, staff, and community members who generously volunteer their time. They often give their evenings and weekends to make these opportunities happen. Extracurricular activities are not part of the regular school day but are still an important part of learning and growing. These experiences help students gain confidence, develop interpersonal skills, and build a sense of belonging.

Our school and Edmonton Catholic Schools are grateful to all our teachers, staff, and community members who volunteer their time in various ways, including organizing, supervising, conducting, directing, coaching, and refereeing.

Working together, we can show respect for the teachers, staff and community members who volunteer their time outside of regular work hours.

Edmonton
Catholic Schools
is **grateful**
to all our
**teachers, staff,
& community
members**

who volunteer their time in various ways, including organizing, supervising, conducting, directing, coaching, and refereeing.



Xavier Union Spotlight



A special thank you to our 2025-2026 XU Team, who throughout the year have created so many fun opportunities to bring to the FX Community. This team has been an important part of the success of many events put on at St. Francis Xavier. We appreciate how hard they worked this year. The mentor teachers would like to recognize each of the following students on their commitment and amazing contributions to our school community: Ava A, Nicole B, Lyka B, Alliyah C, Angel C, Shin C, Aimuedosa E, Jaimie F, Hannah F, Callie G, Keira H, Taylor I, Crizbel J, Izbel J, Annika K, Yelyzaveta K, Noniza L, Isla N, Rhianna P, Brinn P, Maxim R, Holden S, Ynna T, Aliah T, Nevra T, and Aivee V.

Mr. Abbott, Mrs. Bremault, and Mrs. Fiorillo

CTS & Fine Arts Spotlight



Our drama students are currently proving that walking in someone else's shoes isn't as easy as it looks! Freaky Friday has been a whirlwind of talent and comedy so far this month. As we head into our final performance next week, we want to congratulate the team on a stellar run. See you at the finale!



Graduation Coach Spotlight

HAPPY Graduation
Class of 2026

Congratulations on reaching this important milestone! This is a moment to celebrate your hard work and achievements, and we hope you enjoy the graduation festivities.

Please remember that the graduation banquet is a ceremonial occasion and does not signify the completion of your academic requirements. To receive your official diploma at the end of June, you must remain focused and successfully pass all scheduled classes.

We wish you a memorable celebration and continued success as you complete your studies.

myBlueprint Parent Session

myBlueprint parent session: Parents, are you interested in helping your child plan for their future? Do they need help with deciding what career path they should take? This starts with their interests and strengths, then progresses to what they want to do post-High School. Is it the trades, is it direct to work, is it post-secondary? Which post-secondary program is best for them? Every student (7-12) in Edmonton Catholic has access to myBlueprint, and myBlueprint is hosting general (Canada wide - virtual) parent information meetings on April 21st and May 7th. If you can't make the sessions, you can sign up and receive the recordings. Sign up for these at <https://education.myblueprint.ca/family-webinar-series>

English as an Additional Language Spotlight

2026 SUMMER SCHOOL INTRO TO ALBERTA
LEARN ABOUT LIFE IN ALBERTA and earn 5 high school credits

HIGHLIGHTS

- Living with the Environment
- Wildlife Diversity
- Wilderness Navigation
- Diversity of Wildlife Values
- WLD Project A

WHEN
July 2-23, 2026 (Mon-Fri)
8:15 AM to 1:25 PM

WHERE

- **Louis St. Laurent HS**
11250 43 Ave NW, T6J 0X8
- **St. Joseph High School**
10650 109 St NW, T5H 5C1

Sign Up
Scan the QR Code
Registration Deadline: June 18, 2026

FOR ANY QUESTIONS, CONTACT US HERE:
YOUTH@EAHC.CA
780-914-6687

For Newcomer ELL Students

UPGRADING?
St. Joe's was here April 17; however, if we missed you and you need to register to upgrade, see Mrs. Pavone ASAP

SUMMER SCHOOL Registration is OPEN!
See Mrs. Pavone if you have any questions

REGISTER FOR SUMMER SCHOOL

Summer School is offered through Edmonton Catholic School of Alternative Education

REGISTRATION OPENS: April 7, 2026
REGISTRATION CLOSES: June 19, 2026 at 12:00 PM

CALM REGISTRATION CLOSES: May 14, 2026 at 12:00 PM

SCHEDULE
3 Credit Session: July 2-15, 2026
5/6 Credit Session: July 2-23, 2026
Weekday Classes from 8:15 AM - 1:23 PM

DELIVERY METHODS AVAILABLE
Classroom-Based (In Person) • Self-Paced (In Person) • Online

Learn more at ecsd.net/summerschool

MAY 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 FREAKY FRIDAY PLAY-6pm	2 FREAKY FRIDAY PLAY -3pm
3	4 AP BIOLOGY EXAM ASIAN HERITAGE MONTH CELEBRATION	5 AP CHEMISTRY EXAM ECSD HOCKEY ACADEMY SHOWCASE	6 AP ENGLISH LITERATURE & COMPOSITION EXAM/ AP PHYSICS 1 EXAM	7	8 FINAL GRAD LIST RELEASED	9 BEN CALF ROBE TRADITIONAL POW WOW at COMMONWEALTH STADIUM
10	11 AP CALCULUS AB EXAM	12 AP PYSCHOLOGY EXAM	13 LAST DAY TO PURCHASE GRAD TICKETS	14 -AP COMPUTER SCIENCE PRINCIPLES EXAM -BRAIDED JOURNEYS HONOURING CEREMONY	15 VICTORIA DAY LONG WEEKEND NO SCHOOL	16
17	18 VICTORIA DAY LONG WEEKEND NO SCHOOL	19	20	21	22	23
24/31	25	26	27	28 FX GRAD MASS	29 FX PD DAY NO SCHOOL FOR STUDENTS	30 FX GRAD CEREMONY & BANQUET

Updated 2026-27 School Year Calendar

This version has been created for schools that follow a traditional calendar, click here for image:


[Updated 2026-2027 School Year Calendar](#)

Edmonton Catholic Schools has updated the 2026-2027 Division school year calendar. While the total number of instructional and operational days remains the same, a few dates have changed.

For most ECSD students, the first day of school will be Wednesday, September 2, 2026. There will be no classes for all ECSD students on Monday, October 19, 2026, as the province conducts a scheduled referendum and Elections Alberta has requested that schools not be in session that day.

View and download the calendars at ecsd.net/calendar.

Updated Calendar for the 2026-2027 School Year



The image shows a detailed school calendar for the 2026-2027 school year. It includes a grid for each month from July 2026 to June 2027, with color-coded boxes indicating different types of days: green for non-instructional days, purple for non-operational days, yellow for school days, and red for days with no school. A legend at the bottom left explains the color coding. On the right side, there is a summary table with columns for 'Instructional Days', 'Operational Days', and 'Total Days' for each month and a grand total. Key dates are listed: First Day of Operation (August 31, 2026), First Day of Instruction (September 2, 2026), Last Day of Instruction (June 26, 2027), and Last Day of Operation (June 29, 2027). The logo of Edmonton Catholic Schools is in the top right corner.

First Day of Operation: August 31, 2026
 First Day of Instruction: September 2, 2026
 Last Day of Instruction: June 26, 2027
 Last Day of Operation: June 29, 2027

ecsd.net/calendar